

Happy New Year! Did you make a New Year's Resolution that you have already broken? Over 40% of us make resolutions about weight loss, healthier eating, saving money and the like, but after 6 months, we often revert to our old ways. ***Try resolving to stop faking when you can't hear, not to smile and nod your head like a bobble doll; instead say, "could you please speak up? I don't hear well."***

**Mark Your Calendar:**

**January 28** *Learn about Hearing Loss and how to deal with it--short videos and discussion*

**March 24** *Lions Help the Hearing Impaired*

**May 26** *tba*

**June** *Social event for members and guests. We have had a cookout at Grey's Beach for the past two years. Do you have another suggestion?*

**Join the Cape Cod chapter --still only \$10 a year.**

**HAAA NEW MEMBER Recruitment Drive** began November 1. If 5 or more Cape Codders become new members of HAAA, we receive a free pass to the National Convention June 21-24 in Providence. **See page 3.**

**Convention Delegate Needed**  
**FREE pass for 1 HLAACC member to serve as a delegate and report on the convention at future chapter meeting.** Contact [info@hearinglosscapecod.org](mailto:info@hearinglosscapecod.org)

**Upcoming Meetings**

**Saturday, January 28th Film Festival, 10 am**

**"Hearing Loss 101"**

**Guests and members alike will learn new information to help deal with hearing loss by watching short captioned videos produced by HAAA, followed by discussion.** Learn about types of hearing loss, available treatments, how to read an audiogram, use of hearing aids, cochlear implants and assistive devices and more. Bring a friend, bring a family member, bring someone you know who is in denial about their own hearing loss. Share your experiences and your favorite hearing assistive devices. Everyone is welcome. Membership in the group is not necessary to attend our meetings.

At 1 pm, an illustrated program on winter birds will be held at the library, and members are invited to stay, and although there will be no CART transcription, a loop will make things easier for those with a hearing aid telecoil, or use of available headsets. Or bring along a neck loop for your comfort. See [www.dennispubliclibrary.org](http://www.dennispubliclibrary.org)

Saturday, January 28th at 10 am. Come early for coffee.



**Lions Help the Hearing Impaired**

Saturday, March 24th at 10 am. Come early [for coffee & conversation](#)



Gretchen Olney, President of the Hearing Foundation of the Lions Club District 33S, and local Lions Club members will talk about How Lions Help the Hearing Impaired. She will focus on local resources like Spaulding Rehabilitation Hospital in Sandwich and answer your questions about access to services and equipment. The Lions have done a wonderful job providing eyeglasses to those that need them, and we expect the hearing aid program to be equally helpful and perhaps our chapter can help as well. See the website for more information: [www.district33s.org/hearing.html](http://www.district33s.org/hearing.html)

## HLAACC is Looking for help!

Help identify meeting places with induction loops such as town halls, school auditoriums, libraries, and places of worship. We will publish these lists to make life easier for us and our hard of hearing friends. Dave and Joe are heading up this committee. This is important information to get out. Please email [info@hearinglosscapecod.org](mailto:info@hearinglosscapecod.org) or drop us a note.



HAA WEBINARS (web seminars) from the comfort of your home! Interesting topics with a variety of guest speakers, all captioned, and free. Even if you don't "attend," you can access all past webinars online at [hearingloss.org/content/schedule](http://hearingloss.org/content/schedule)

We are an official chapter of Hearing Loss Association of America, the nation's voice for people with hearing loss since 1979, when it was called SHHH. [www.hearingloss.org](http://www.hearingloss.org) a 501(c)(3)non-profit. You don't have to join the National organization to be a member of Cape Cod Chapter but we recommend it.

Some benefits are:

- HEARING LOSS MAGAZINE
- member discounts
- your voice on Capitol Hill
- 2012 National Convention on June 21-24 in Providence
  - > Educational Seminars
  - > Exhibit Hall Trade Show
  - > Networking
  - > A Ton of Fun

\$35 individuals; \$45 for couples  
7910 Woodmont Ave, Suite 1200  
Bethesda, MD 20814  
Phone: 301-657-2248  
Fax: 301-913-9413

**When you join HAA, tell them you heard about HAA from the**

## Cape Cod Chapter so we get the new member credit!

Membership is for a calendar year and begins when you join.

### 2012 CAPE COD CHAPTER DUES

Annual chapter dues are still only \$10, the same as when we were founded. What a bargain! If you join now, your dues will include the rest of 2011 and all of 2012. Or consider a LIFETIME membership at only \$100.

When we are contacted by the media, or when we contact people or organizations for help, it is important that we can say how many members we have. There is strength in numbers!

### Betty Keeshan Resigns as VP

Betty has been an active member of our group since the day she joined. Within months, Betty and I were on the Board of Directors and her creative ideas and winning smile brought us new members and successful events. I became president-newsletter editor-webmaster only because Betty promised to help, and she never failed. I relied on Betty's help for newsletter distribution, talking to prospective members, media interviews and so much more. She excelled at it all. We will miss her on the Board but am privileged to have her as a friend.

*Bobbie McDonnell*

### Welcome To Our Newest Member

Anne Saimer moved across the state to Orleans from East Longmeadow and was a teacher of gymnastics. Welcome to the group and we hope to see you at the January meeting, Anne.

### Have a Little Cheap Fun and Take a Trip to Boston

Enjoy the good weather and see Boston off season-- get low cost passes using your CLAMS library card. Go to any library or check out the museum passes link at [library.clamsnet.org](http://library.clamsnet.org)

January 19th is the public opening of the \$118 million new wing of the Isabella Stewart Gardner Museum. The museum is closed until then to prepare. "How did they manage to add a new wing when her will forbid it?" you ask. Did they ever solve the 1990 theft of 13 works? [www.gardnermuseum.org](http://www.gardnermuseum.org)

Some other Boston attractions with library passes: Museum of Fine Arts (great loop system on tours!), Science Museum and the New England Aquarium.

### Chapter News

The Sarasota Florida chapter is on a looping mission. The Van Wezel Performing Arts Hall will be the first to be looped. 9 more to go!

**Hearing Loss Association of America/Cape Cod Chapter**

President Bobbie McDonnell  
bobbie@hearinglosscapecod.org

*Vice-President*

*Treasurer Marita Cable*

*Acting Secretary Janet Jansson*

*Social Committee Marie McKay*

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[www.hearinglosscapecod.org](http://www.hearinglosscapecod.org)

CONTACT US: [info@hearinglosscapecod.org](mailto:info@hearinglosscapecod.org); call 508-432-9385  
[A 501\(c\)\(3\)non-profit](#)

Meeting place: Dennis Public Library, 5 Hall St., Dennisport  
[www.dennispubliclibrary.org](http://www.dennispubliclibrary.org)

The meeting room is equipped with an induction loop that works with your hearing aid telecoil to bring sound directly to your ear. Headphones also available. Our meetings are captioned by CART Reporter Stefanie Farrell, who is just about 100% accurate. Her typing is a pleasure to read as you well know if you try to understand live captioned TV news or YouTube movies. Brewster Ladies' Library and Orleans Library have assistive devices in the meeting room. Call before an event to request.

Have you joined the group yet? **Join Cape Cod Chapter for only \$10**

Send 2012 dues (still \$10 annually each member or LIFETIME MEMBERSHIP \$100) with all your contact information or join at the next meeting. For business card size ads,, send business cards (\$75 includes chapter dues) and check made out to Hearing Loss Association Cape Cod to:

Marita Cable, 7 Spruce Street, South Yarmouth, MA 02664

***consider a tax deductible donation to help fund CART or other projects.***

***Join National chapter too! See p.3***

***Help us raise money and win a free pass to the Providence Convention.***



**2012 HLAACC MEMBERSHIP**

***Your Name(s):***

***Address:***

***Town:***

***State:***

***Telephone or best communication method:***

***Email:***

***Comments: Special Interests or committees you want to join***

***Amount Enclosed: \_\_\_\_\_ number of members @ \$10 each: \_\_\_\_\_***

**make your computer problems go away!**

## The Lilyweb Group



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### DENNIS-HARWICH LIONS CLUB

Membership Info: 508-385-3431

P.O. Box 41, Dennisport, MA 02639

[www.dennisharwichlions.org](http://www.dennisharwichlions.org)

Bd. Mtgs. & Speaker Mtgs. - 2nd Wed. - Dennis Police Station

Dinner Mtgs. - 4th Wed. - Riverway Lobster House, SY

We recycle eyeglasses & cell phones!

### Some Hearing Loop Information

**"A Hearing Aid that Cuts Out All the Clatter"**

(New York Times, October 23, 2011, Science  
Section; online *at*

[www.nytimes.com/2011/10/24/science/24loops.html?\\_r=1](http://www.nytimes.com/2011/10/24/science/24loops.html?_r=1)

[www.hearingloss.org/content/get-hearing-loop](http://www.hearingloss.org/content/get-hearing-loop)

 **Hearing Loss  
Association  
of America**  
Cape Cod Chapter

c/o Marita Cable  
7 Spruce St.  
So. Yarmouth, MA 02664

*Saturday, Jan 28  
10 AM. come early!  
Hearing Loss Film Festival*

**Dennis Public Library  
Dennisport**